

BRIXHAM ORPHEUS MALE VOICE CHOIR IS RECRUITING



Would you like to be healthier, happier and live longer?

The significant health and life benefits associated with singing are well known and include:

- Strengthens immune system
- Provides an excellent physical workout
- Improves posture
- Helps with sleeping
- A natural anti-depressant
- Improves mental alertness
- Widens your circle of friends
- Boosts confidence

You don't have to be particularly musical but it is helpful if you can recognise and hold a tune. We sing a real variety of music from Elvis and Leonard Cohen to songs from the shows and hymns. It could be nice to spend a couple of hours a week with a welcoming and interesting group of men. Why not come along to a practice on a Thursday evening to see what it is all about!

Interested? Call David on 01803 361294

www.brixham-orpheus-choir.co.uk